

Employers: Promote employee wellness through nutrition partnerships.

Support employee health by partnering with a registered dietitian to provide resources that improve health, which can lead to increased productivity, along with positivity in the workplace.



Now is the time for employers to take action to improve the health of their most valuable resource: their employees.



At Savage and Associates, we have the expertise in healthcare to help you design and implement extra offerings such as individual wellness, medical nutrition therapy, and more, to your worksite program. It is essential to provide employees with the tools to help with a healthy lifestyle.

Let Savage assist you in fostering a culture of wellness and prevention that promotes overall well-being.

Lifestyle Guidance

Promoting healthy eating through personalized strategies that align with individual goals and lifestyles, ensuring realistic, sustainable dietary improvements for overall well-being.

Diabetes

Providing personal guidance to improve blood sugar which involves testing, continuous monitoring, nutrition education, carbohydrate counting, and new technologies and medications for better control and overall health.

Medical Weight Management

Education on healthy weight management, balanced eating, and medication guidance. Incorporates behavioral strategies and mindful eating to achieve goals.

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